



Health and Wellness Services Available to Members of Manufacturers Association of Central Florida (MACF)

These services are designed to help ease the administrative hassles you and your organization may experience in the areas of Human Resources and Employee Benefits as well as increase Wellness and Presenteism of your employees.

Fringe Benefit Plans, Inc. is providing the following services at *no charge* to members of MACF:

- **COBRA Outsourcing** (ensures your company is COBRA compliant)
- **Employee Claims Assistance and Billing Reconciliation**
- **Online Enrollment and HRIS Reporting**
- **Hidden Paycheck Statements** (Benefit Statements show all benefits that the employer provides on behalf of the employee)
- **Flu Vaccines and Wellness Screenings** (A nurse provides these services at your location and special discounts apply for members of MACF) Diabetes, Anemia, Blood Pressure, Prostate, and Cholesterol Screenings available as well as a full Executive Health Screening

For more information about these services, please contact Douglas Foreman at 407 862-5900 or Doug@fbplans.com

Fringe Benefit Plans is a member of MACF, Central Florida Association of Health Underwriters, Society for Human Resource Management, Winter Park Chamber of Commerce and many other professional and civic organizations.

